Holiday Joy
Mr. and Mrs. Claus had a very busy day in early December, taking their crew of elves to seven nursing homes in our service area---and all on one day! See inside for the full story.

Answering the Call
We hope you’ll answer the call for one of our needs at the Berea Office: someone to . . . answer calls!

The Berea office is in need of volunteers who can assist with phones when staff are out sick or in meetings. This position requires someone who can be consistent in their schedules and has excellent phone skills.

Contact Julie if interested: 859-626-9292 or julie.hatfield@hospicecp.org.

Something Fishy

Many of you are aware that our fish tank at the Compassionate Care Center is in need of an overhaul. If you or someone you know can advise us troubleshoot the filter and heating systems and assist with weekly or monthly maintenance, please let Julie know.
A healthy respect for boundaries is important for anyone who works at Hospice Care Plus, including volunteers. Boundaries are limits that we place on ourselves as we work with patients, families, and each other. They protect patients and families, who place a sacred trust in us when they choose our care. They also protect employees and volunteers from conflicts of interest, ethics violations, and burnout.

You have to actively choose to maintain and honor boundaries. Consider these common pitfalls to avoid:

**Sharing Personal Information:** A patient or caregiver will take on your worries when you share them. Remember that you are there as a professional rather than as a friend. Our job is to make things easier for them and offer support, not add to their worries.

**Over-Involvement:** If you find yourself doing more for one patient than you do for another, for instance, you may be in danger of violating boundaries. Over-involvement is also a fast-track to volunteer or staff burnout.

**Accepting or Giving Gifts:** While it’s okay to accept or give a gift of nominal value ($10 or less), it crosses professional boundaries when the value of the gift is higher.

It can be hard at times to identify when you are about to cross boundaries, in part because we are often motivated by good intentions. See the sidebar to the right for questions you can ask yourself. These will help you identify if you are at risk of not maintaining appropriate boundaries.

Also remember that your co-workers at Hospice are always available to talk about boundaries. If you have questions or concerns, they can help you sort through them.

―Based on a presentation to Hospice Care Plus staff by Lisa Knicely, LSW, Director of Outreach Programs.
Bringing Holiday Cheer to Nursing Homes

At both Halloween and Christmas this year, our volunteers went above and beyond to bring joy to nursing home patients.

Five of our teens--Jodeci Collins, Leigha Hardy, Brittney Medlin, Cory Hatfield and Conner Hatfield--helped with Halloween festivities at Berea Health Care. They worked with the facility staff to greet trick-or-treaters from the community and friends and family of residents. Way to go, guys!

Then, in December, volunteers again made it possible for Mr. and Mrs. Claus (and many elves!) to visit seven nursing homes in our service area. They delivered small gifts provided by the EnerSys company, and beautiful throws handmade by volunteer Ruth Boggs. It was a very long day, but everyone involved made it special for patients.

Thank you to everyone who helped with both events. It is incredibly rewarding to see the joy and sheer pleasure on the faces of residents when we take the time to celebrate with them. These activities also help Hospice Care Plus build stronger relationships with nursing facilities, which ultimately benefits patients.

Below: Five of the teens in our teen volunteer program participated in Halloween festivities at Berea Health Care, including handing out candy to trick-or-treaters.

Our billing and accounting department is filled with unsung heroes who help keep us financially healthy, and they could use some support. If you can file, copy, and do data entry and have a bit of free time, maybe you can fill this need. This position is located in the Berea office and would be on an as-needed basis. Notify Julie if interested.

UPCOMING MEETINGS

Breakfast Club
Berea Office
Feb. 6 and March 16
9-11

Teen Group Meeting
DME Office (beside MSHS)
Jan. 30
Feb. 6 and 27
March 13 and 27
3:30-5:30

Volunteer Trainings
Jan. 25, 9-4, CCC
March 22, 9-4, Booneville Office

Help Wanted
Volunteer Birthdays

**JANUARY**
- Ralph Carpenter
- Lisa Dixon
- Edie Wagner
- Dawn Austin
- Peggy Pollard
- Eva Jones
- Sherry Conley
- Jenny Cotton
- Phyllis Otero

**FEBRUARY**
- Phyllis Strunk
- Chris Champman
- Margaret Salyer
- Patricia Riley
- Bobby Kendrick
- Rosa Lee Eversole
- Sandy Douglas
- Sue Burton
- Martha Burton
- Abigale Embry
- Loretta Hall
- Kassia Parks
- Emily Ponder
- Bob Love

**MARCH**
- Gail King
- Loretta Gilbert
- Pam Reid
- Sara Green
- Gayle Deaton
- Sister Angie Keil
- Tena Galyen
- Sister Alice Retzner
- Pam Lane
- Jodeci Collins
- Edith Young
- Carol Edwards

**QUARTERLY MEETINGS**

Volunteers are asked to attend one quarterly meeting each year. This is your opportunity to network and learn. The first round of meetings for 2014 is in March. Please review the dates below and see if one of them will work for you.

These events are potluck, so please bring a side dish or dessert with you.

RSVP to Julie at 859-626-9292 or julie.hatfield@hospicecp.org.

We look forward to seeing you there!

**Compassionate Care Center**
- March 4
- 6:00pm

**Booneville Office**
- March 13
- Noon